

A decorative background pattern of light blue circuit board traces and nodes, primarily concentrated on the left and right sides of the slide.

WHAT DO OCCUPANTS NEED?

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INTEGRATION OF TECHNOLOGY TO SUPPORT NEEDS

- What is the goal?
- Ways to meet that goal through technology
- $1+1+1+1+\dots = \text{goal achievement}$

THE GOAL

*“The state of positive mental, physical, and social functioning in which workers’ experiences of their work and working conditions enable them to **thrive** in their overall lives, contributing to their ability to achieve their full potential in their work, home, and community.”*

WHAT

- Supports employees doing their work well.
- Provides opportunities for cognitive refreshment.
- Provides comfortable amounts of environmental control.
- Supports bonding among employees.
- Protects employee safety and security.
- Provides choice in place and timing of activities.

GOAL ACHIEVEMENT

- Technology that supports these objectives.
 - IEQ
 - Space use
 - Resource access
 - Disturbance controls
 - Social connections
 - Well-being enhancement

CONTACT

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- *Built to Thrive: How to Build the Best Workplaces for Health and Well-Being*
<https://berkeleycoeh.catalog.instructure.com/browse/ichw/courses/built-to-thrive-book-and-community>