

Health in All Policies: Nuts and Bolts

UC Berkeley Healthy Work Environments Summit
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Public Health Institute



What is a Healthy Community?

Take off your professional hat, and think for a moment about your children, your partner, your parents, your friends, and your self.

- What are the attributes of a community that would be “healthy” for these loved ones?



A healthy community



A Healthy Community provides for the following through all stages of life:

HEALTHY COMMUNITY FRAMEWORK

Meets basic needs of all

- Safe, sustainable, accessible, and affordable transportation options
- Affordable, accessible and nutritious foods, and safe drinkable water
- Affordable, high quality, socially integrated, and location-efficient housing
- Affordable, accessible and high quality health care
- Complete and livable communities including quality schools, parks and recreational facilities, child care, libraries, financial services and other daily needs
- Access to affordable and safe opportunities for physical activity
- Able to adapt to changing environments, resilient, and prepared for emergencies
- Opportunities for engagement with arts, music and culture

Quality and sustainability of environment

- Clean air, soil and water, and environments free of excessive noise
- Tobacco- and smoke-free
- Green and open spaces, including healthy tree canopy and agricultural lands
- Minimized toxics, greenhouse gas emissions, and waste
- Affordable and sustainable energy use
- Aesthetically pleasing

Adequate levels of economic and social development

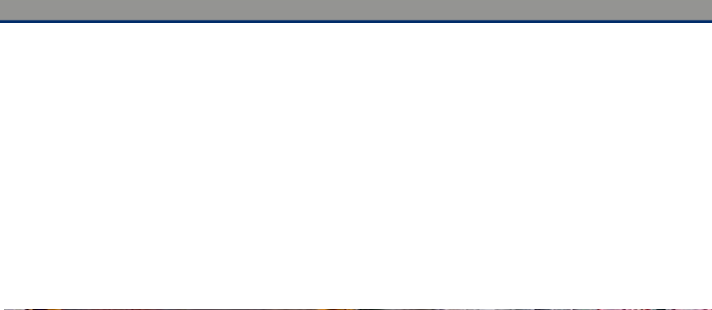
- Living wage, safe and healthy job opportunities for all, and a thriving economy
- Support for healthy development of children and adolescents
- Opportunities for high quality and accessible education

Health and social equity

Social relationships that are supportive and respectful

- Robust social and civic engagement
- Socially cohesive and supportive relationships, families, homes and neighborhoods
- Safe communities, free of crime and violence







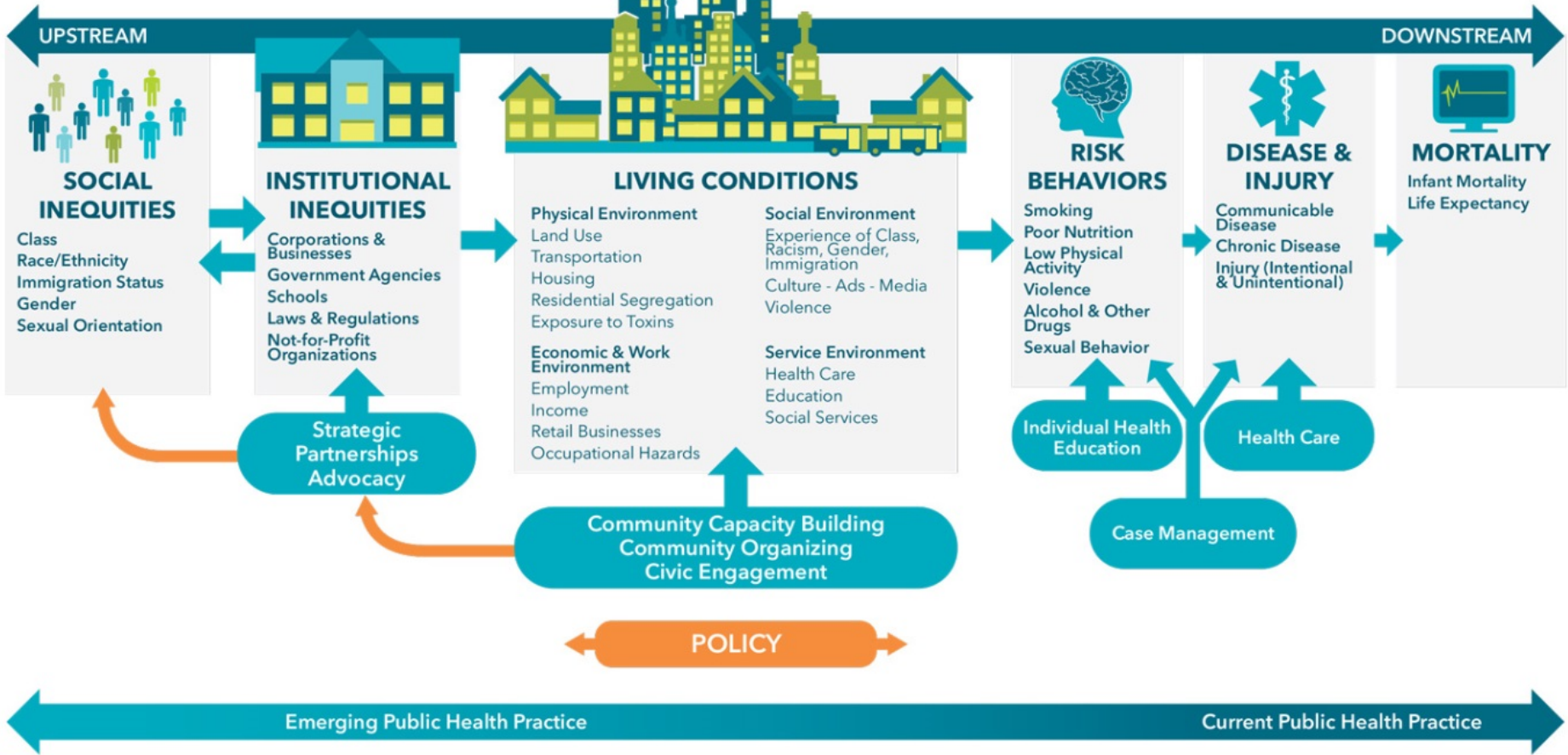
“It is unreasonable to expect that people will change their behavior easily when so many forces in the social, cultural, and physical environment conspire against such change.”

- Institute of Medicine



Social Determinants of Health

A PUBLIC HEALTH FRAMEWORK FOR REDUCING HEALTH INEQUITIES
BAY AREA REGIONAL HEALTH INEQUITIES INITIATIVE



Sticky or “Wicked” Problems

- Multi-factorial
- Difficult to fully define
- Lack a clear solution
- Not the responsibility of any single organization



Health in All Policies is...

a collaborative approach to improving the health of *all people* by incorporating health considerations into decision-making across sectors and policy areas.



Source: Rudolph, L., Caplan, J., Ben-Moshe, K., & Dillon, L. (2013). Health in All Policies: A Guide for State and Local Governments. Washington, DC and Oakland, CA: American Public Health Association and Public Health Institute.



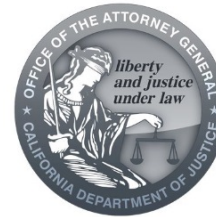
The 5 Key Elements of Health in All Policies

1. Promote health, equity, and environmental sustainability
2. Support intersectoral collaboration
3. Benefit multiple partners
4. Engage stakeholders
5. Create structural or procedural change

Source: Rudolph, L., Caplan, J., Ben-Moshe, K., & Dillon, L. (2013). Health in All Policies: A Guide for State and Local Governments. Washington, DC and Oakland, CA: American Public Health Association and Public Health Institute.



California Health In All Policies Task Force



Multi-Agency Work Groups

- Active Transportation
- Farm to Fork
- Food Procurement
- Health & Equity in Land Use Planning
- Violence Prevention
- Housing Siting and Air Quality
- Land Use, Schools and Health
- Equity in Governance



Example: Healthy Food Purchasing

Mechanism: Nutrition guidelines for state contracts

Purpose:

- 1) Improve health through access to healthier foods;
- 2) Reduce healthcare costs;
- 3) Leverage the scale of institutional purchasing

Who: Departments of

- 1) Public Health
- 2) General Services
- 3) Corrections & Rehabilitation



Institutional Functions = Opportunities

- Data
- Direct Service Provision
- Education & Information
- Employer
- Funding
- Guidance and Best Practices
- Permits/Licenses
- Purchasing, Procurement, Contracts
- Regulation
- Research & Evaluation
- Legislation & Ordinances
- Taxes/Fees
- Training and Technical Assistance



The Role of Health Partners

- Convening
- Facilitation
- Research
- Technical assistance
- Monitoring and reporting
- Subject matter expertise
- Draft consensus documents
- Stakeholder engagement



A Transportation Story



Key Element #1:

HiAP is about health, equity, and environmental sustainability

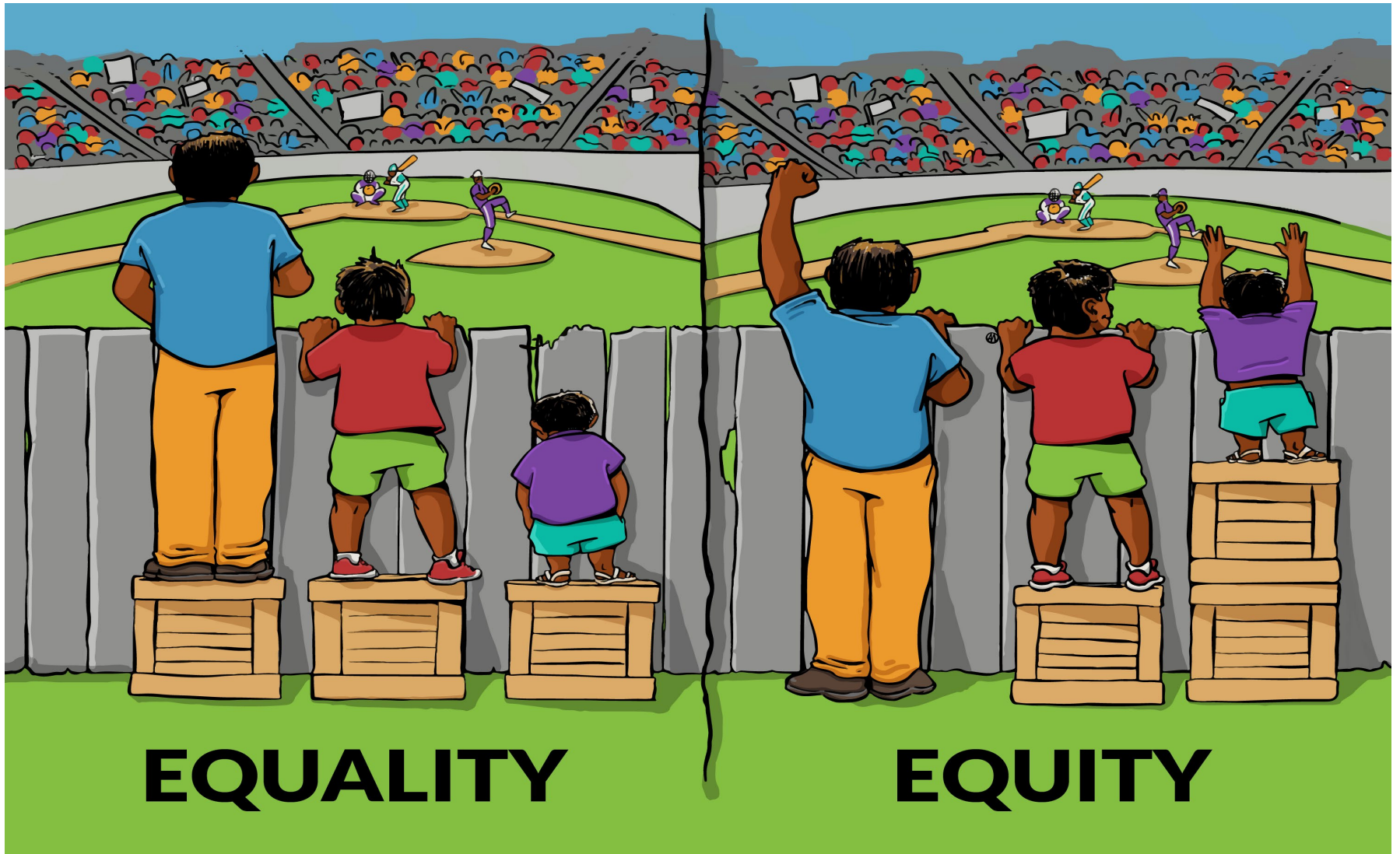


Health Inequity:

Disparities in health that are a result of systemic, avoidable and unjust social and economic policies and practices that create barriers to opportunity.

- Virginia Department of Public Health





EQUALITY

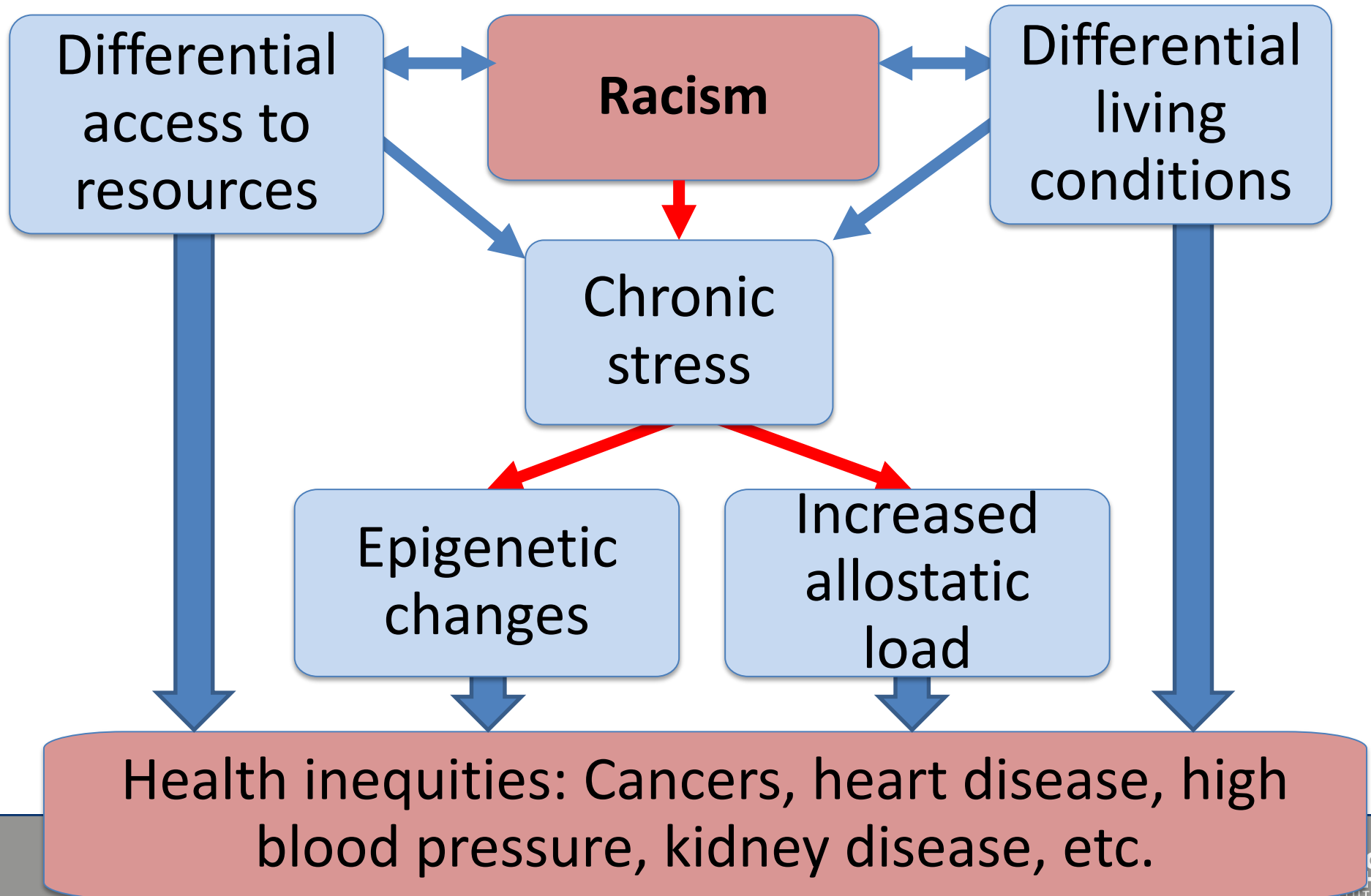
Assumes all people
have the same needs

EQUITY

Ensures all people
have what they need



Racism causes health inequity



Applying an Equity Lens



**How might
this decision
affect
different
groups?**



Carbon Neutrality Initiative >

Carbon Neutrality Initiative

OVERVIEW

ORGANIZATION

STUDENT INVOLVEMENT

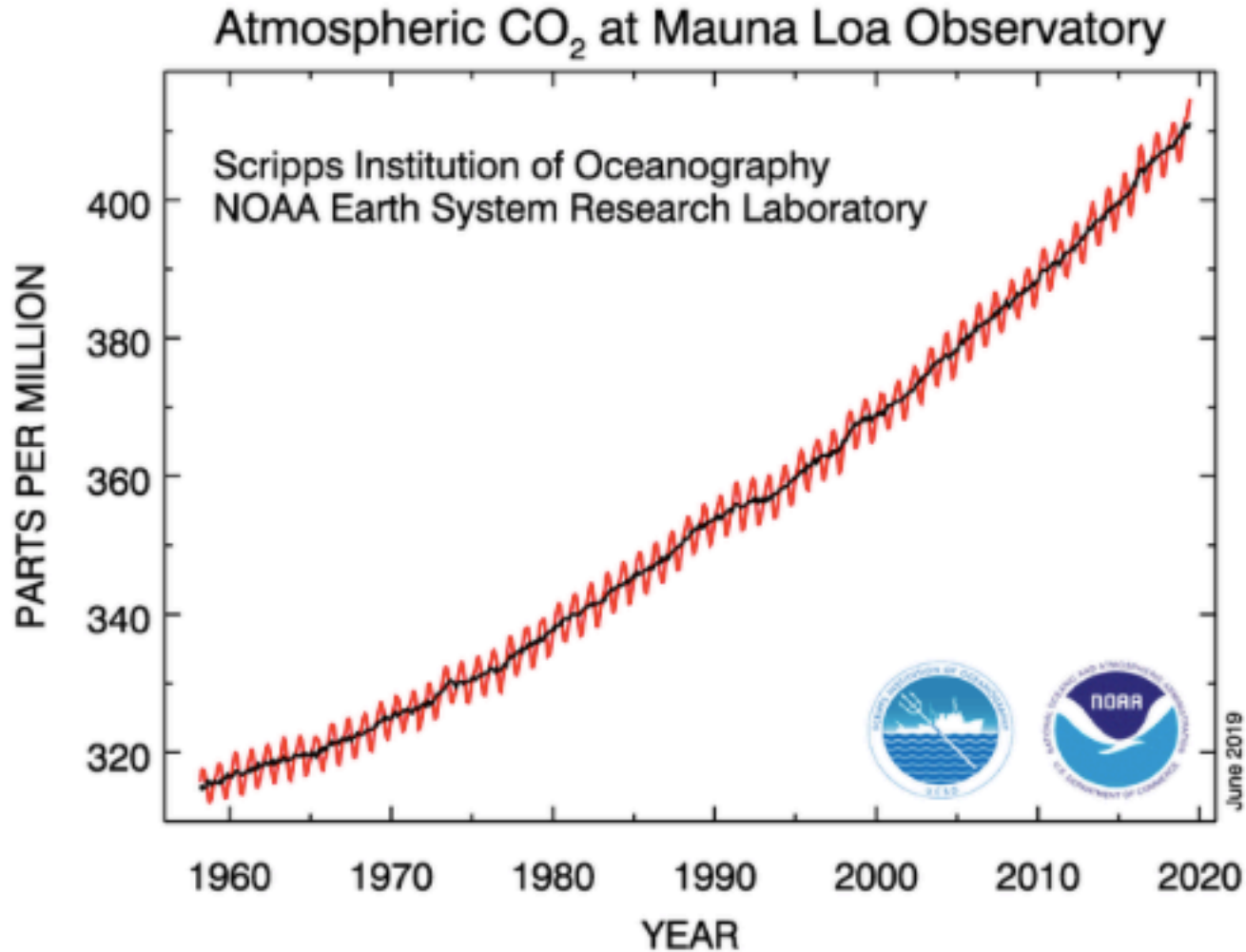
UC, a national leader in sustainability, has pledged to become carbon neutral by 2025, becoming the first major university to accomplish this achievement.

“The task of addressing climate change and reducing our carbon footprint is a moral imperative,” Napolitano said in her speech at the forum. “There is no more time to dally. We are out of time for debates. Now is a time for action.”

Janet Napolitano, September 2018



Highest levels CO₂ in at least 800,000 years



June 5, 2019
414.66 ppm



Climate Change and Health Equity



“...climate change is a ‘threat multiplier’ ... [that] will intensify the challenges of global instability, hunger, poverty and conflict.”

U.S. Secretary of Defense Chuck Hagel






CALIFORNIA'S FOURTH CLIMATE CHANGE ASSESSMENT

COP24 SPECIAL REPORT

HEALTH & CLIMATE CHANGE

 U.S. Global Change Research Program

Fourth National Climate Assessment

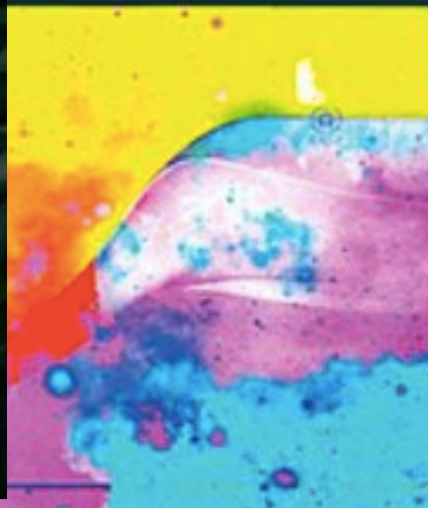


ipcc Intergovernmental Panel on Climate Change

Global Warming of 1.5°C

An IPCC special report on the impacts of global warming of 1.5°C above pre-industrial levels and related global greenhouse gas emission pathways, in the context of strengthening the global response to the threat of climate change, sustainable development, and efforts to eradicate poverty.

LANCET COUNTDOWN: TRACKING PROGRESS ON HEALTH AND CLIMATE CHANGE



Volume II

Risks, and Adaptation in the United States
Report-in-Brief

CALIFORNIA
HEALTH
IN ALL POLICIES
TASK FORCE ●●●●●●●●



What did the reports say?

- Climate change impacting our health now.
- Disproportionately impacts vulnerable people and communities.
- The warmer it gets, the worse it will get.
- Climate actions have health benefits.
- We need to adapt regardless of mitigation actions.
- Failure to take transformative action with great urgency risks catastrophic effects on human health and well-being, and possibly on survival of human civilization

**Climate change is a
global health emergency.**



CLIMATE POLICY RESPONSES FOR HEALTH

“Responding to climate change could be the **greatest global health opportunity of the 21st century**”



CALIFORNIA CALL TO ACTION ON CLIMATE, HEALTH, AND EQUITY

2019



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SUSTAINABLE DC MAYOR'S ORDER

District “Health in All Policies” Task Force

LEAD AGENCIES: DEPARTMENT OF HEALTH (DOH) AND DISTRICT DEPARTMENT OF THE ENVIRONMENT (DDOE)

PARTNER AGENCIES:

**DISTRICT DEPARTMENT OF PARKS AND RECREATION (DPR), DEPARTMENT OF GENERAL SERVICES (DGS), DEPUTY MAYOR'S OFFICE FOR HEALTH AND HUMAN SERVICES (DMHHS), OFFICE OF THE DEPUTY MAYOR OF EDUCATION (DME), DISTRICT DEPARTMENT OF TRANSPORTATION (DDOT), DEPARTMENT OF BEHAVIORAL HEALTH (DBH)
OFFICE OF THE CITY ADMINISTRATOR (OCA)**





**COMMUNITY DEVELOPMENT COMMISSION
of the County of Los Angeles**

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Sean Rogan
Executive Director

Hilda L. Solis
Mark Ridley-Thomas
Sheila Kuehl
Don Knabe
Michael D. Antonovich
Commissioners

September 1, 2015

**NOFA 21 VOLUNTARY SUSTAINABLE BUILDING
AND
HEALTHY DESIGN ELEMENT INCENTIVES**

Los Angeles County Department of Public Health: Urban Heat Island Reduction Plan



Soil and Water Testing Guidelines for Home and Community Gardens





SAFE SURPLUS FOOD DONATION TOOLKIT

GUIDANCE FOR FOOD
FACILITIES

JANUARY 2018



Health in All Policies Across the United States

Ventura
County, CA

North
Carolina

St Petersburg,
Florida

Monterey
County, CA

Vermont

Bernalillo County, NM

Tulare
County, CA

Lane County, Oregon

Del Norte
County

Chicago, IL

North
Dakota

Merced
County

City of
Richmond, CA





City of Richmond
Health in All Policies Strategy 2013-2014



RICHMOND
SHAPING THE NEXT 100 YEARS

RICHMOND G



Strategic Plan
2011-2015

Monterey County
Health Department



Health Equity through
in All Policies
for Monterey County



County of Riverside
Department of Public Health
Strategic Plan
2012-16

HEALTHY RIVERSIDE COUNTY
2014
Annual Report

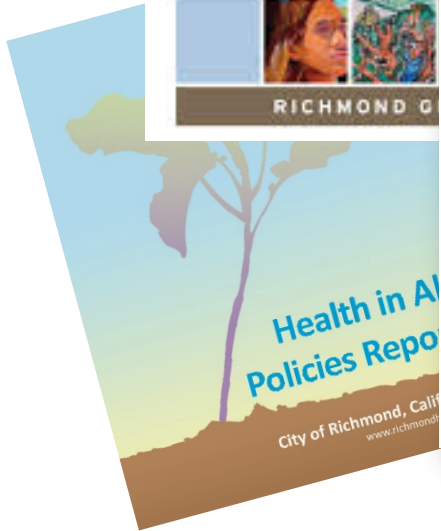


Building Health Into
Everyday Life!

THE GOAL OF HiAP
IS TO ADDRESS
INEQUITIES AT THE
SYSTEMS, POLICY
AND STRUCTURAL
LEVELS TO
ELIMINATE THE
RESULTING HEALTH
DISPARITIES.



www.richmondhealth.org
2015



**Health in All
Policies Report**
City of Richmond, California
www.richmondca.gov



CALIFORNIA
HEALTH
IN ALL POLICIES
TASK FORCE





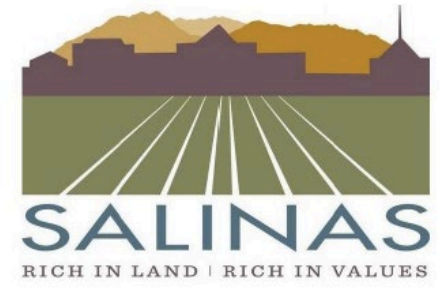
Achieving Health Equity through Health in All Policies for Monterey County



Via Salinas Valley



Via Salinas Valley: Pathways to Health through Active Transportation is a collaborative regional effort to improve health, access and safety in Monterey County's Salinas Valley.



PREPARATION OF A COMMUNITY VIBRANCY PLAN FOR ALISAL/EAST SALINAS NEIGHBORHOODS

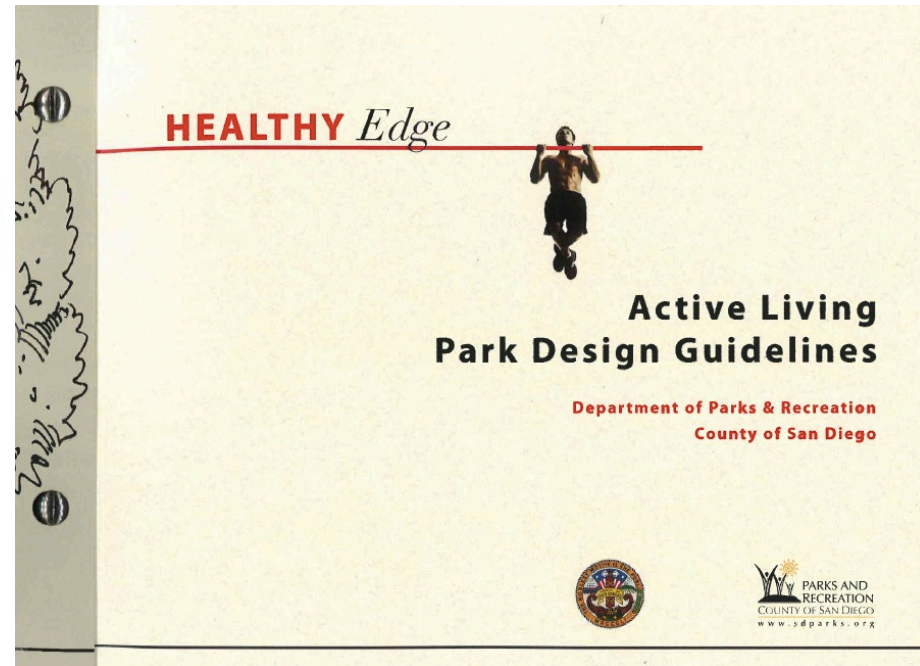
Gonzales 2010 General Plan 2018 Health Element Update



HEALTHY, SAFE AND THRIVING COMMUNITIES IN SAN DIEGO COUNTY



COUNTY OF SAN DIEGO *EAT WELL PRACTICES*



PARKS AFTER DARK



Coming to a
park near you
in June!

Activities at Parks After Dark

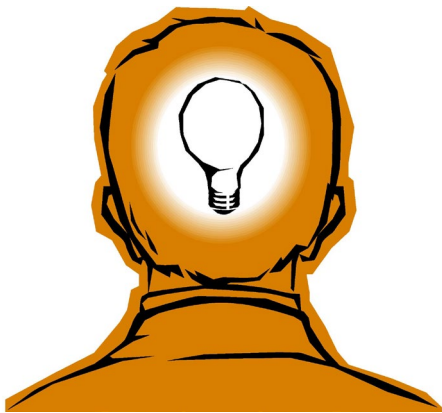


*How wonderful it is that
nobody need wait a single
moment before beginning to
improve the world.*

- Anne Frank



What will YOU do?



Health in All Policies: A Guide for State and Local Governments (October 2013)

- What is HiAP and Why Do We Need It?
- The Nuts and Bolts of HiAP
 - Getting Started
 - Partners and Roles
 - Working Together Across Sectors
 - Structures to Support HiAP
 - Creating Healthy Public Policy
 - Talking about HiAP
- Case Study: California HiAP Task Force
- Appendices



For more information

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Strategic Growth Council and Public Health Institute

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HiAP Task Force website:

http://sgc.ca.gov/s_hiap.php