Faculty and Student Well-Being on Campus

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PERSPECTIVES

• Holistic view: physiological, psychological, social, and emotional well-being.

• Focus on what people do: what, where, and how

• Design to facilitate need satisfaction and feeling good

• Let science lead
META-PRINCIPLES

• Physical activity
• Personal control
• Participation in decision-making
• Comfort, safety, security
• Respect
• Accomplishment/time well-spent
• Equity/fair treatment
• Compatibility with personality/interests/value
TOOLS

• Technology
• Furniture
• Space/floor plan
• Interior design features
• Materials
• Campus design
• Natural elements
MORE TOOLS

- Organizational structure
- Job design
- Management style and expectations
- Workgroup design
- Organizational policies and rules
- Organizational culture
- Employee benefits
- Compensation and reward programs
- Food/drink
PRACTICAL CONSIDERATIONS

• What makes time productive?
• What makes people feel good?
• What do people want more of?
• What do people want less of?