

Faculty and Student Well-Being on Campus

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PERSPECTIVES

- Holistic view: physiological, psychological, social, and emotional well-being.
- Focus on what people do: what, where, and how
- Design to facilitate need satisfaction and feeling good
- Let science lead

META-PRINCIPLES

- Physical activity
- Personal control
- Participation in decision-making
- Comfort, safety, security
- Respect
- Accomplishment/time well-spent
- Equity/fair treatment
- Compatibility with personality/interests/value

TOOLS

- Technology
- Furniture
- Space/floor plan
- Interior design features
- Materials
- Campus design
- Natural elements

MORE TOOLS

- Organizational structure
- Job design
- Management style and expectations
- Workgroup design
- Organizational policies and rules
- Organizational culture
- Employee benefits
- Compensation and reward programs
- Food/drink

PRACTICAL CONSIDERATIONS

- What makes time productive?
- What makes people feel good?
- What do people want more of?
- What do people want less of?